

## CVGA COVID PROTOCOLS & INFORMATION

CVGA is limiting people in the gym to only essential CVGA employees and students who are signed up for a class. We are not allowing walk-ins. Everyone must be signed up.

All students and staff will be questioned (screened) prior to entering the gym space and will have temperature taken and hands sanitized. Those arriving late will have to walk to the gym entrance and go through the check-in process at the entrance of the gym. Students will not cross the road without a parent or staff member.

All students and staff will be required to wear a mask while in the gym.

Students may take off their mask only when on equipment or when upside down.

Our water fountains will be turned off so each student must bring their own water bottle.

Students will remain 6' apart as much as possible.

Students and staff will hand sanitize in between events and as frequently as possible.

Staff will disinfect equipment and mats often.

Bathrooms will be cleaned and disinfected regularly.

Each student who requires chalk for using bars will have their own chalk and container.

CVGA will try to stagger start and end times of classes to keep students from all entering or leaving at the same time.

When classes are complete, students will collect their things and get ready. Their teacher will walk them outside to meet their parents.

Parents picking up camp kids can text 802-882-8324 to notify us they are here to pick up their child.

Any parent who comes in to pick up their child will be required to have their temperature taken, hand sanitize, and answer all the screening questions.

Screening Questions: Parents will answer questions for children under 10 years of age.

Within the past 14 days, have you been in close physical contact with a person who is known to have COVID-19?

Have you felt unwell with any of the following symptoms?

Shortness of breath  
Cough  
Loss of taste or smell  
Fatigue  
Muscle or body aches  
Headache  
Sore throat  
Congestion or Runny Nose  
Nausea or vomiting  
Diarrhea

Have you traveled outside of Vermont within the last 14 days for anything other than essential travel?